In Input Component :

import React, { Component } from 'react'

class Input extends Component {

    constructor(props) {

      super(props)

    this.inputRef= React.createRef()

    }

    focusInput(){

        this.inputRef.current.focus()

    }

  render() {

    return (

      <div>

        <input type="text" ref={this.inputRef}></input>

      </div>

    )

  }

}

export default Input

FocusInput Component :

import React, { Component } from 'react'

import Input from './Input'

 class FocusInput extends Component {

    constructor(props) {

      super(props)

     this.componentRef=React.createRef()

    }

    clickHandler =() => {

        this.componentRef.current.focusInput()

    }

  render() {

    return (

      <div>

        <Input ref={this.componentRef}/>

        <button onClick={this.clickHandler}>Focus Input</button>

      </div>

    )

  }

}

export default FocusInput

output :

